

Kindergarten Café

To prepare each cooking activity, duplicate a classroom supply plus one extra of the chosen recipe cards (pages 17-18). Cut the cards apart; then color one set of cards. Display the colored cards in sequence in the cooking center. Arrange the ingredients and utensils near the recipe cards. As a small group of children visits the cooking center, ask each child in the group to color a set of recipe cards to match the sample set. As each student completes his cards, have him sequence them; then ask him to explain the steps on each card. According to each child's abilities, have him circle letters, numerals, or sight words. Staple the cards together, creating a recipe booklet for the child to take home. Get ready, get set...cook!

August

Happy Face Muffin

Ingredients for one:

one-half of an English muffin
peanut butter or cream cheese
2 raisins
1 round carrot slice
1 red pepper slice
alfalfa sprouts

Utensils:

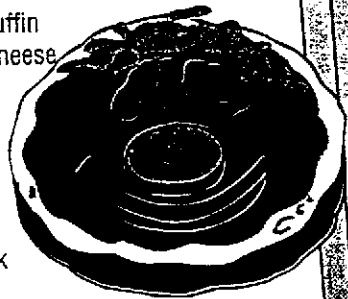
plastic knife or craft stick

Teacher Preparation:

Slice a red pepper into thin strips.
Cut a carrot into round slices.

Include Happy Face Muffins in a self-awareness or back-to-school unit.

* Step-by-step directions on page 17.



September

Johnny Appleseed Sandwich

Ingredients for one:

2 apple slices
peanut butter

Utensils:

plastic knife or craft stick

Teacher Preparation:

Cut apples horizontally into round, quarter-inch-thick slices. Sprinkle with lemon juice to prevent browning.

On September 26th, celebrate the birthday of John Chapman, better known as Johnny Appleseed. Read aloud *Johnny Appleseed* written and illustrated by Steven Kellogg (published by Morrow Junior Books); then snack on these nutritious treats.

* Step-by-step directions on page 18.

