

The Dougy Center for Grieving Children and Families Bibliography

Recommended Books for Children Ages 3-6

- Brown, L. K., & M. (1996). *When Dinosaurs Die: a Guide to Understanding Death*. Little Brown & Co.
- Clifton, L. (1988). *Everett Anderson's Goodbye*. Holt, Rinehart and Winston (African American)
- Gryte, M. (1988). *No New Baby: For Boys and Girls Whose Expected Sibling Dies*. Centering Corporation.
- Haas, S. (1991). *Daddy's Chair*. Kar-Ben Copies Inc.
- Jaffe, S. E. (2004). *For the Grieving Child: An Activities Manual*. Robbie Dean Press.
- Mellonie, B (1983) *Lifetimes*. Bantam, Inc.
- Miles, R. (1971). *Annie and the Old One*. Little, Brown, & Co.
- Mundy, M. (1998). *Sad Isn't Bad: a Good-Grief Guidebook for Kids Dealing with Loss*. Abbey Press.
- Old, W. (1995). *Stacy Had a Little Sister*. Albert Whitman & Co.
- Rogers, F. (1988). *When a Pet Dies*. GP Putman's Sons.
- Rothman, J. (1992). *A Birthday Present for Daniel: a Child's Story of Loss*. Prometheus Books.
- Silverman, J. (1999). *Help Me Say Goodbye: Activities for Helping Kids Cope When a Special Person Dies*. Fairview Press.
- Simon, J. (2001). *This Book is For All Kids, But Especially My Sister I 'bby*. Idea University Press.
- Thomas, P. (2001) *I Miss You: A First Look At Death*. Barron's Educational Series.
- Viorst, J. (1971). *The Tenth Good Thing About Barney*. Athenaeum.
- Vigna, J. (1991). *Saying Goodbye to Daddy*. Albert Whitman & Co.
- Vogel, R. H. (1994) *The Snowman: A Book About Children and Grief*. Centering Corporation.

Recommended Books for Children Ages 7-10

Dougy Center Workbooks:

After a Murder: a Workbook for Grieving Kids.

After a Suicide: a Workbook for Grieving Kids.

- Alexander, Alesa (2002) *A Mural for Mamita-Un Mural Para Mamita* (Hispanic)
- Bahr, Mary (2000) *If Nathan Were Here*. Eerdmans.
- Barber, E. (2003) *Letters From a Friend: a sibling's guide for coping and grief*. Baywood Publishing.
- Buscaglia, L. (1983). *The Fall of Freddie the Leaf*. Holt, Rinehart.**
- Carrick, C. (1976). *The Accident*. Seaburg Press
- Coburn, J. B. (1980). *Annie and the Sand Dobbies*. Harper Collins.
- Douglas, E. (1990). *Rachael and the Upside Down Heart*. Price, Stern, & Sloan.
- Eldon, A. (2002). *Angel Catcher for Kids: a journal to help you remember the person you love who died*. Chronicle Books.
- Goldman, L. (1998). *Bart Speaks Out: Breaking the Silence on Suicide*. Western Psychological Services.
- Hague, M. (1958). *The Velveteen Rabbit*. Doubleday.**
- Heegaard, Marge (1988) *When Someone Very Special Dies: Children Can Learn to Cope with Grief*. Woodland Press.
- Holmes, Margaret (2000). *A Terrible Thing Happened*. Magination Press.
- Johnson, J., & Johnson, M. (1978). *Tell Me Papa: Answers to Questions Children Ask about Death and Dying*. Centering Corporation.
- Jones, Susan (2007). *Until We Meet Again*. 50/50 Publishing.
- Kanyer, L. A. (2004). *25 Things to do when Grandpa Passes Away, Mom and Dad Get Divorced, or the Dog Dies: Activities to help Children Suffering Loss or Change*. Parenting Press.

Krementz, J. (1983). *How it Feels When a Parent Dies*. Alfred A. Knopf.

Kubler-Ross, E. (1998). *Remember the Secret*. Celestial Press.**

Madenski, M. (1991). *Some of the Pieces*. Little, Brown & Co.

Murray, G. (1982). *Straight From The Siblings: Another look at the Rainbow*. Celestial Arts.

Paulus, T. (1973). *Hope for the Flowers*. Paulist Press.**

Pitzer, Susanna (2001) *Grandfather Hurrant Lives Forever* (Muslim)

Romain, T. (1999) *What on Earth Do You Do When Someone Dies?* Free Spirit Press.

Rotondo, Beth. (2008). *The Big Chair: a story of grief & discovery*. Weymouth: Stillpoint Press.

Silverstein, S. (1986). *The Giving Tree*. Harper and Row.**

Sims, A. (1992). *Am I Still a Sister?* Starline Printing.

Walker, A. (1988). *To Hell with Dying*. Harcourt, Brace, & Jovanovich Publishing.

Winsch, J. L. (1995). *After the Funeral*. Paulist Press.

Varley, S. (1984). *The Badger's Parting Gifts*. New York: Mulberry Books.

Yeomans, Ellen (2000). *Lost and Found: Remembering a Sister*. Omaha: Centering Corporation.

Zebrowski, M. (2002). *Babka's Serenade* (Eastern European).

Recommended Books for Children Ages 10 – 13

Cohen, J. (1994). *Why Did it Happen? Helping Children Cope in a Violent World*. Morrow Junior Books.

Cosby, B. (2000). *The Day I Saw My Father Cry*. New York: Scholastic, Inc.

Dennison, A. (2003). *Our Dad Died: the True Story of Three Kids Whose Lives Changed*. Free Spirit Publishing.

Fine, J. C. *The Boy and the Dolphin*. Downeast Graphics.

Fisher, F. (1992). *A Punkin in the Frost*. Cammum Phate Publishers.

Golding, T. M. (1999). *Kat's Surrender*. Boyds Mill Press.

Leshan, E. (1976). *Learning to Say Goodbye: When a Parent Dies*. Simon & Schuster.

Mandino, O., & Kaye, B. (1989). *The Gift of Acabar*. Bantam Books**

Mills, L. (1991). *The Rag Coat*. Little, Brown, & Co.

Paterson, K. (1977). *Bridge to Tarabithia*. Harper Collins.

Richer, E. (1986). *Losing Someone You Love: When a Brother or Sister Dies*. Putnam Publishers.

Schweibert, P., & Dekylen, C. (2001). *Tear Soup*. Perinatal Loss.

Spies, K. (1990). *Everything You Need to Know about Grieving*. Rosen Publishers.

Smith, D. (1992 Reissue). *A Taste of Blackberries*. HarperTrophy.

White, E. B. (1952). *Charlotte's Web*. Harper & Row.

Recommended Books for Children Ages 13 and Over

Beard, Phillip. (2005) *Dear Zoe*. (novel about sibling death)

Canfield, J., Hansen, M. V., & Kirberger, K. (1997). *Chicken Soup for the Teenage Soul*. Deerfield Beach, FL: Health Communications, Inc.

Carter, Forrest. (1976). *The Education of Little Tree*. Albuquerque: University of New Mexico Press.

Cotton, Cynthia (2007) *Fair Has Nothing to Do With It*. Farrar, Straus, & Giroux.

Dower, L. (2001). *I Will Remember You: What to Do When Someone You Love Dies, a Guidebook Through Grief for Teens*. New York: Scholastic, Inc.

Fitzgerald, H. (2000). *The Grieving Teen: a Guide for Teenagers and Their Friends*. New York: Simon & Schuster.

Fry, V. (1995). *A Part of Me Died, Too*. Dutton Children's Books.

Gootman, M. E. *When a Friend Dies: a Book for Teens about Grieving and Healing*. Free Spirit Publishing.

Hipp, E. (1995). *Help for the Hard Times: Getting Through Loss*. Hazelden.
 Hughes, Lynne B (2005). *You are Not Alone*. Scholastic.
 Mahon, K.I. (1992). *Just One Tear*. Lothrop, Lee & Shepard Books.
 McDaniel, L. (1999). *The Girl Death Left Behind*. Skylark.
 O'Toole, D. *Facing Change: Falling Apart and Coming Together in the Teen Years*. Mountain Rainbow Press.
 Rylant, C. (1992). *Missing May*. New York: Bantam Double Day Dell Books.
 Saint-Exupery, A. (1943). *The Little Prince*. Harcourt, Brace, Jovanovich.**
 Wolfelt, A. D. (2001). *Healing Your Grieving Heart for Teens: 100 Practical Ideas*. Companion Press.
**** Appropriate Reading for All Ages**

Young Adult Resources

Ascher, Barbara L. (1993). *Landscape Without Gravity: A Memoir of Grief*. Penguin Books (Sibling Death).
 Eggers, Dave. (2000) *A Heartbreaking Work of Staggering Genius*. Vintage Books. (Parent Death)
 Moffat, M. J. (Ed.) (1982). *In the Midst of Winter, Selections from the Literature of Mourning*. New York: Vintage Books.
 Simon, L. & Drantell, J. J. (1998). *The Early Death of a Parent: a Music No Longer Heard*. New York: Simon & Schuster.

Parent Resources

Dougy Center Guidebooks:

35 Ways to Help a Grieving Child.
Helping Children Cope with Death.
Helping Teens Cope with Death.
What about the Kids? Understanding Their Needs in Funeral Planning & Services.

Other Parent Resources

Dann, Patty (2007) *The Goldfish Went on Vacation: A memoir of loss and learning to tell the truth about it*. (Father death, cancer, toddler reaction)
 Didion, Joan (2005). *The Year of Magical Thinking*. Random House. (Memoir, Sudden spouse death)
 Fitzgerald, H. (1992). *The Grieving Child*. New York: Simon & Schuster.
 Hood, Ann (2007). *The Knitting Circle*. W.W. Norton & Co. (Novel about the death of a child)
 James, J. & Friedman, R. (2002) *When Children Grieve : For Adults to Help Children Deal with Death, Divorce, Pet Loss, Moving, and Other Losses*. Harper.
 Kroen, W. C. (1996). *Helping Children Cope with the Loss of a Loved One: A Guide for Grownups*. Free Spirit Publishing.
 Lewis, C.S. (2001Reprint). *A Grief Observed*. HarperSanFrancisco.
 Lord, J. H. (1987). *No Time for Goodbyes: Coping with Sorrow, Anger, and Injustice after a Tragic Death*. Ventura, Ca: Pathfinder Publishing.
 McCracken, A., & Semel, M. (1998). *A Broken Heart Still Beats: After Your Child Dies*. City Center, MN: Hazelden.
 Neeld, E. H. (1990). *Seven Choices: Taking the Steps to New Life after Losing Someone You Love*. New York: Clarkson N. Potter.
 Osmont, K., & McFarlane, M. (1986). *Parting Is Not Goodbye; Coping with Grief in Creative, Healthy Ways*. Portland, OR: Nobility Press.

- Rathkey, J. W. (2004) *What Children Need When They Grieve : The Four Essentials: Routine, Love, Honesty, and Security*. Three Rivers Press.
- Redfren, Suzanne & Gilbert, Susan. (2008). *The Grieving Garden: living with the death of a child*. Charlottesville: Hampton Roads.
- Rubel, B. (1999). *But I Didn't Say Goodbye: for Parents and Professionals Helping Child Suicide Survivors*. Kendall Park, NJ: Griefwork Center, Inc.
- Sexton-Jones, Susan (1996). *When Someone You Love Completes Suicide*. Omaha: Centering Corporation.
- Trozzi, M. & Massimini, K. (1999). *Talking with Children about Loss: Words, Strategies, and Wisdom to Help Children Cope with Death, Divorce, and Other Difficult Times*. New York: The Berkeley Publishing Group.
- Wolfelt, A. D. (2002). *Healing a Parent's Grieving Heart: 100 Practical Ideas after Your Child Dies*. Fort Collins, Co: Companion Press.
- Wolfelt, A. D. (1996). *Healing the Bereaved Child*. Fort Collins: Companion Press.
- Wolfelt, A. D. (1992). *Sarah's Journey*. Fort Collins: Companion Press.
- Wroblewski, A. (1994). *Suicide Survivors: a Guide for Those Left Behind*. Minneapolis: Afterwords.

Professional Resources

The Dougy Center Guidebooks:

Helping the Grieving Student: a Guide for Teachers

When Death Impacts Your School: a Guide for School Administrators

Waving Goodbye: an Activity Manual for Children in Grief

Other Professional Resources:

Christ, G. H. (2000). *Healing Children's Grief: Surviving a Parent's Death from Cancer*. New York: Oxford University Press.

Cook, A. S., & Dworkin, D. S. (1992). *Helping the Bereaved: Therapeutic Interventions for Children, Adolescents, and Adults*. Basic Books.

Davies, B. (1999). *Shadows in the Sun: the Experiences of Sibling Bereavement in Childhood*. Philadelphia: Brunner/Mazel.

Doka, K. (1999) *Living with Grief: at Work, at School, at Worship*. Hospice Foundation of America.

Goldman, L. (1996). *Breaking the Silence: a Guide to Help Children with Complicated Grief— Suicide, Homicide, Aids, Violence, and Abuse*. Taylor & Francis, Inc.

Klicker, R. (1999). *A Student Dies, A School Mourns: Dealing With Death and Loss in the School Community*. Taylor & Francis.

Nadeau, J. W. (1998). *Families Making Sense of Death*. Thousand Oaks, Ca: Sage Publications.

Rowling, L. (2003) *Grief in School Communities*. Open University Press.

Rogers, J. Earl (ed.) (2007) *The Art of Grief: the use of expressive arts in a grief support group*. Routledge.

Shapiro, E. R. (1994). *Grief as a Family Process: a Developmental Approach to Clinical Practice*. New York: The Guilford Press.

Silverman, P. R. (2000). *Never Too Young to Know: Death in Children's Lives*. New York: Oxford University Press.

Sprang, G., & McNeil, J. (1995). *The Many Faces of Bereavement: the Nature and Treatment of Natural, Traumatic, and Stigmatized Grief*. New York: Brunner/Mazel Publishers.

Terr, L. (1990). *Too Scared to Cry: How Trauma Affects Children and Ultimately Us All*. New York: Basic Books.

Ward, B., & Associates. (1993). *Good Grief: Exploring Feelings, Loss, and Death with Over Elevens and Adults, a Holistic Approach*. London: Jessica Kingsley Publishers.

Webb, N. B. (1993). *Helping Bereaved Children: a Handbook for Practitioners*. New York: The Guilford Press.

Worden, J. W. (2001). *Children and Grief: When a Parent Dies*. Guilford Press.

