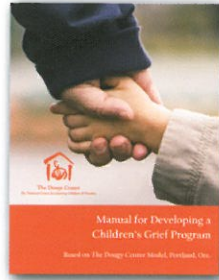


Manuals

The following manuals are intended for individuals and organizations who wish to start or would like to enhance a peer grief support program for children and teens. These manuals are only available in conjunction with our program development trainings. For more information, please call The Dougy Center at 1.866.775.5683 or email help@dougy.org.

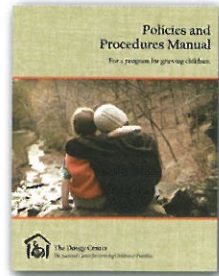
Developing a Children's Grief Program

This "how-to" manual gives practical information on how to set up a children's grief program. It includes information about board development, funding, program policies, program structure and procedures, budgets, family services, volunteer management and training.



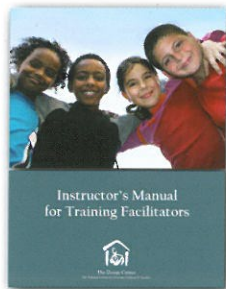
Policies and Procedures for a Program for Grieving Children

This comprehensive manual includes personnel policies, program procedures and business forms used at The Dougy Center that can be adapted to your support group program.



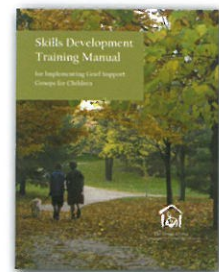
Instructor's Manual for Training Facilitators of Groups for Grieving Children

This helpful manual includes a step-by-step curriculum designed to train volunteer facilitators. To be used in conjunction with the Skills Development Training Manual, it includes agendas, handouts, suggested presentations and activities.



Skills Development Training for Volunteer Group Facilitators

This is a guide for training facilitators in conjunction with The Dougy Center program development training. Topics addressed include: facilitating children's grief through play, facilitation skills that support grieving children, group facilitation skills and activities in peer support groups.

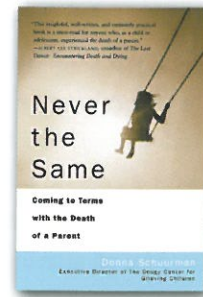


Additional Resources

Never the Same: Coming to Terms with the Death of a Parent

by Donna Schuurman, EdD, FT

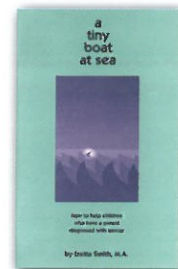
This book is written especially for those who experienced the death of a parent when they were under the age of 18, those who are parenting a child after the death of his or her parent, and for counselors or therapists who are helping those who are parentally bereaved. Drawn from stories, suggestions and insight shared by grieving adults, this book explores the nature of grief as one enters and progresses through adulthood, how the death of a parent in childhood can impact adults throughout their lives, and when to seek professional help. **Item #560, \$14.95. Published by St. Martin's Press.**



A Tiny Boat at Sea: How to Help Children who Have a Parent Diagnosed with Cancer

by Izetta Smith, MA

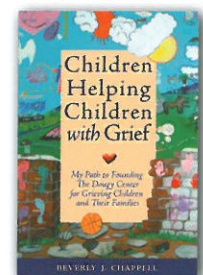
This easy-to-read book is filled with practical suggestions for talking with kids when a parent or caregiver is diagnosed with cancer. It includes information on how to explain cancer and talk about the possibility of dying, suggestions for supporting children, and ways to determine when professional help is needed. **Item #560, \$9.95. Published by Grief Watch.**



Children Helping Children with Grief

by Beverly J. Chappell

Beverly Chappell, founder of The Dougy Center, tells her story and the lessons she has learned while helping grieving children. **Item #572, \$18.00. Published by New Sage Press.**



www.dougy.org



The Dougy Center
The National Center for Grieving Children & Families

Catalog of Resources

About these resources

The Dougy Center has been helping children, teens, young adults and their parents cope with death since 1982. Our practical, easy-to-use materials are based on what we have learned from more than 25,000 Dougy Center participants over the past three decades.

Trainings

Through our *National Center for Grieving Children & Families*, The Dougy Center provides support and training locally, nationally and internationally to individuals and organizations seeking to assist grieving children. More than 500 programs worldwide are based on The Dougy Center's pioneering grief support model.

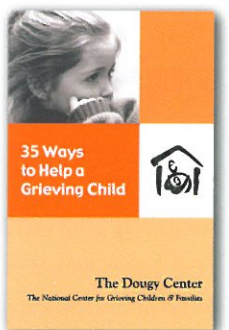
For more information about The Dougy Center resources and trainings, visit www.dougy.org or call 503.775.5683.

Guidebooks for Adults

The following resources are intended for parents, teachers, counselors, members of the clergy, and other adults wishing to better understand and help grieving children and teens.

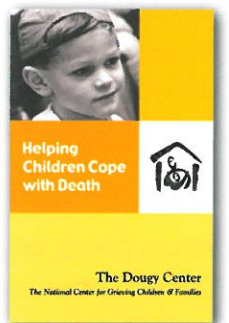
35 Ways to Help a Grieving Child

If you know a child or teen who has experienced a death, this guidebook presents you with simple and practical suggestions for how to support him or her. Learn what behaviors and reactions to expect from grieving children at different ages, ways to create safe outlets for children to express their thoughts and feelings, and how to be supportive during special events such as the memorial service, anniversaries and holidays. **Available in English, Item #546, \$9.95; and Spanish, Item #567, \$9.95.**



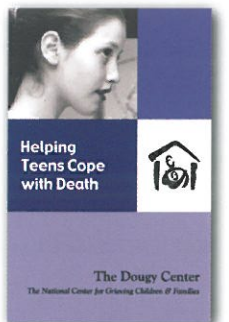
Helping Children Cope with Death

This guidebook offers a comprehensive overview of how children grieve and strategies to support them. Based on The Dougy Center's work with thousands of grieving children and their families, you will learn how children understand death, how to talk with children about death at various developmental stages, how to be helpful, and when to seek outside help. This book is useful for parents, teachers, helping professionals and anyone trying to support a grieving child. **Available in English, Item #534, \$9.95; and Spanish, Item #568, \$9.95.**



Helping Teens Cope with Death

This practical guide covers the unique grief responses of teenagers and the specific challenges they face. You will learn how death impacts teenagers, and ways that you can help them cope. The book also offers advice from parents and caregivers of bereaved teens on how to support adolescents and how to determine when professional help is needed. **Available in English, Item #535, \$9.95; and Spanish, Item #577, \$9.95.**



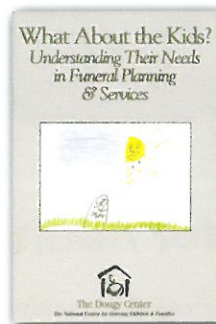
www.dougy.org

Guidebooks for Adults

What about the Kids? Understanding Their Needs in Funeral Planning & Services

This book addresses the best practices for funeral and memorial services with children and teens. Learn how to include children in these rituals and to involve them in the process. You will find suggestions from children and teens about what was helpful and unhelpful about the funeral or memorial service they attended.

Item #547, \$9.95.

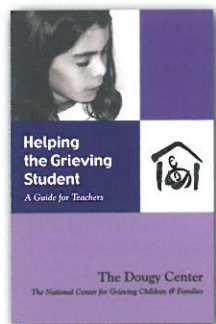


Guidebooks for Schools

Resources specifically tailored to teachers and school administrators.

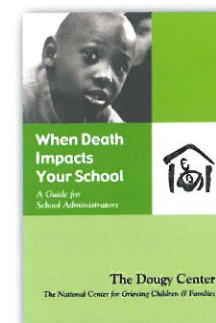
Helping the Grieving Student: A Guide for Teachers

At some point, every teacher will encounter a student who has been affected by a death. This guidebook is an essential resource for elementary, middle and high school teachers, offering practical tips and information on how to respond to a child or teen who has experienced a death in his or her family. **Item #536, \$9.95.**



When Death Impacts Your School: A Guide for School Administrators

A valuable resource for school personnel who are faced with a death or tragedy in their school community, this guidebook includes suggestions for how schools can help students—by addressing concerns, organizing memorials and offering support. It also includes instructions for developing a school intervention plan after a death, how to address issues related to suicide and violence, and how to decide when outside help is needed. **Item #545, \$9.95.**



Brochures

After a Death: Ten Ways You Can Help Grieving Students & Their Peers

A companion to *Helping the Grieving Student*, this brochure offers general tips for teachers and administrators after a death in the school community. **Item #553, \$1.25 (discounts for quantities over 50).**



What About the Kids? Understanding Their Needs in Funeral Planning & Services

This brochure offers help on how to involve children and teens in the funerals and memorial services of family members or close friends.

Available in English, Item #554, \$1.25 (discounts for quantities over 50); and Spanish, Item #580, free.*



After a Suicide Death: Ten Tips for Helping Children & Teens

This brochure gives advice for helping children and teens who are dealing with the impact of a suicide death. **Available in English, Item #552, \$1.25 (discounts for quantities over 50); and Spanish, Item #579, free.***



Helping Children Cope with Death

This brochure offers an overview of basic strategies to support grieving children. **Available in English, Item #548, 40¢; and Spanish, Item #578, free.***



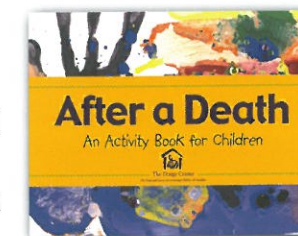
* These brochures in Spanish were made possible thanks to a generous grant from the Collins Foundation, and are available at no charge to individuals and organizations.

Activity Books for Kids

These books provide hands-on activities geared for children ages five to twelve.

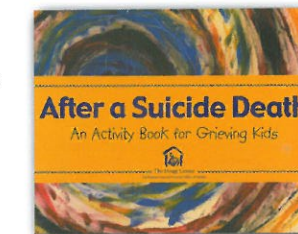
After a Death: An Activity Book for Children

With a mixture of creative activities and tips for dealing with changes at school, home and with friends, this is a helpful tool for all grieving children. It includes a variety of drawing and writing exercises to help children remember the person who died, and learn new ways to live with the loss. **Available in English, Item #569, \$12.95; and Spanish, Item #576, \$12.95.**



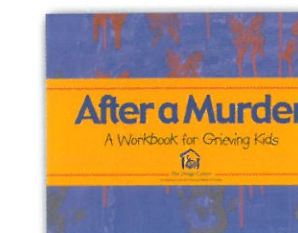
After a Suicide Death: An Activity Book for Grieving Kids

In this hands-on, interactive activity book, children who have had someone in their lives die of suicide can learn from other grieving kids. The workbook includes drawing activities, puzzles, stories, advice from other kids and helpful suggestions for navigating grief after a suicide death. **Item #551, \$12.95.**



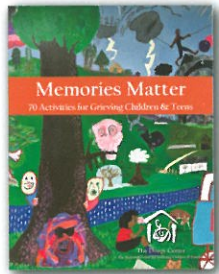
After a Murder: A Workbook for Grieving Kids

Through the stories, thoughts and feelings of other kids who have had someone in their lives murdered, this hands-on workbook allows children to see that they are not alone in their feelings and experiences. The workbook includes drawing activities, puzzles and word games to help explain confusing elements specific to a murder, such as the police, media and legal system. **Item #558, \$12.95.**



Memories Matter: 70 Activities for Grieving Children & Teens

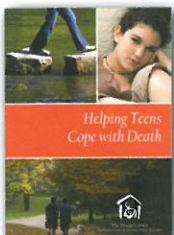
Memories Matter features 70 activities to use with children and teens in peer support groups or for parents to use with their children. These activities are categorized by topic and are designed to help children process their unique grief. **Item #502, \$40.00.**



DVDs

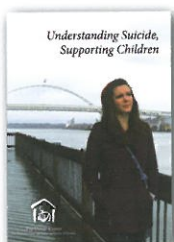
Helping Teens Cope with Death

(21 minutes) is a window into the lives of six grieving teens who attended peer support groups at The Dougy Center. The DVD and 12-page companion guide provide insight to the thoughts, feelings, and changes that teens often experience. The DVD and guide are a resource for training purposes, or for general viewing by teens, parents, therapists, counselors and others. **Item #581, \$49.95.**



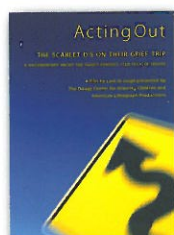
Understanding Suicide, Supporting Children

(24 minutes) provides insight on the emotions and experiences that children, teens and families bereaved after a suicide death often go through, and offers ways to help. The DVD and 12-page companion guide are a resource for training purposes; for general viewing by children, teens, parents, therapists, counselors, professionals in the field of suicide prevention/postvention; and for anyone seeking to better understand suicide and how to support those grieving a suicide death. **Item #582, \$49.95.**



Acting Out: The Scarlet D's on their Grief Trip

This documentary (75 minutes), produced by American Lifeograph Productions and filmed by Lani Jo Leigh, chronicles The Dougy Center's first Teen Theatre Troupe, The Scarlet D's, as they create, direct, and perform an original production about their experiences with grief. The DVD also includes complete footage of the Troupe's live performance (45 minutes). An emotionally engaging video, this is a powerful tool for grief support programs, schools, community groups, and families. **Item #575, \$25.00.**



How to Order
To place an order, contact The Dougy Center online or by phone, mail or fax. Let us know if you have a rush order, and we will be happy to help.

Online: www.dougy.org

Phone: 503.775.5683

Fax: 503.777.3097

Mail: The Dougy Center

PO Box 86852

Portland, OR 97286

About The Dougy Center
The Dougy Center provides support in a safe place where children, teens, young adults and their families who are grieving a death can share their experiences.

The Dougy Center's unique approach, using peer support to help people discover their own way through grief, has made us a worldwide leader in the field. Because the death of a family member often brings financial instability, The Dougy Center never charges a fee to families.

Through the National Center for Grieving Children & Families, The Dougy Center also provides information and training locally, nationally and internationally to individuals and organizations seeking to assist children in grief.

Donna L. Schuurman, EdD, FT



As Executive Director of The Dougy Center, Donna trains and lectures nationally and internationally on

issues related to children and teens grieving a loss through death. She holds a doctorate in counseling from Northern Illinois University, is Past President of the Association for Death Education and Counseling (ADEC); a member of the International Work Group on Death, Dying and Bereavement (IWG); and a Founding Board Member of The National Alliance for Grieving Children (NAGC).

Donna is available for workshops and other speaking engagements. For more information, please call The Dougy Center at 1.866.775.5683 or email help@dougy.org.

The Dougy Center provides trainings on a variety of topics including:

- Understanding and helping grieving children and teens
- Understanding suicide and supporting children
- Program development
- Group facilitation skills
- Instructor's training
- Successful board development and fundraising for a small non-profit
- Crisis plans for schools and communities
- When violence impacts a community

Dr. Schuurman also serves as an Expert Witness in cases involving wrongful death.

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Return Policy

Items may be returned upon receiving a return authorization from The Dougy Center. Returns must be in like-new condition (no bends, tears or sticker residue) and be made within 90 days from the date of purchase. We will refund or exchange the item(s) purchased, not including shipping. Returns of three or more items may be subject to a 15 percent restocking fee.

Billing

If you are using a purchase order number, you must have an account with The Dougy Center and fax a company purchase order to 503.777.3097. If you would like to establish an account, please contact us at 503.775.5683. Payment terms are net 30.

QTY	Item #	Title	Price	Amount
			Subtotal	
			Shipping/Handling	
			Total (U.S. Funds)	

Shipping & Handling

\$0 to \$50\$8

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\$300 and over\$40

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International: Contact The Dougy Center for shipping and handling, must be prepaid in U.S. funds.

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