

# Ready, Set, Go!

## Strategies for Pre-K Readiness, Literacy and Math

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### What skills are needed before entering kindergarten?

#### Readiness & Writing:

- Music
- Fine motor development
- Crayon grip
- Draw a person
- Alphabet knowledge and number recognition
- Number and capital letter formation
- Writing name

#### Language & Literacy:

- Alphabet knowledge
- Phonological awareness (rhyming, syllables)
- Oral language (follow directions, vocabulary)

#### Numbers & Math:

- Counting
- Shapes
- Patterns
- Measurement

## Readiness & Writing

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### Music

**Social-emotional** - cooperation, taking turns, tapping to music

**Sensory motor** - movement and imitation, tapping to music

**Cognitive** - listening skills and memory, "Freeze" game

**Language** - vocabulary, rhyming

**Activity** - ABC song

### Fine Motor Development

**Sensory motor** - hand strength, fine motor and bilateral coordination

**Cognitive** - estimating size and position

**Language** - identifying letters and sounds

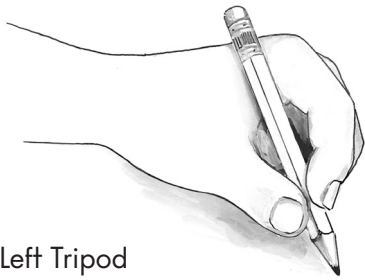
**Activities** - dough, finger plays, building blocks, beads

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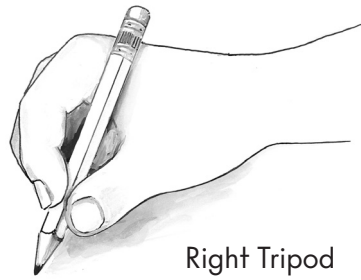
## Crayon Grip

Use little tools for little hands

### Standard Grip

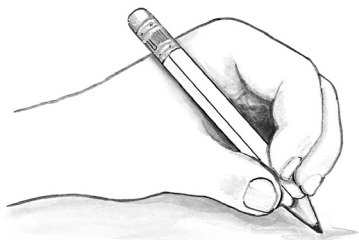


Left Tripod

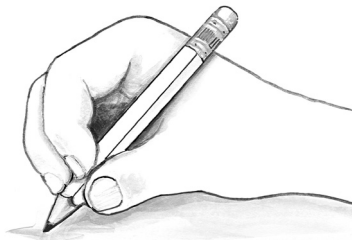


Right Tripod

### Alternative Grip



Left Quadropod



Right Quadropod

## Coloring

Observe the following skills as a child is coloring

- Attention
- Crayon Grip
- Control
- Posture/strength/endurance
- Use of helping hand

## Draw a Person

**Social-emotional** - build self-esteem, participation, taking turns, friendships

**Sensory motor** - motor planning, drawing skills

**Cognitive** - body awareness, counting skills

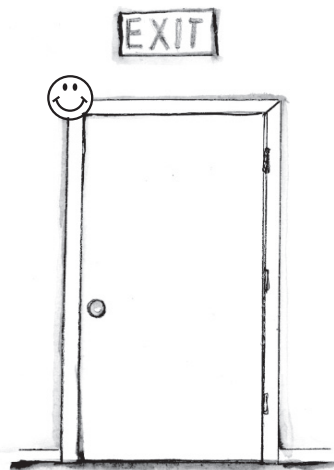
**Activities** - building, taking turns, drawing, counting

## Developmental Stages of Drawing



# Alphabet Knowledge and Number Recognition

- Smiley face:
- Imaginary Writing



## Number and Capital Letter Formation

Capital letters first because they are easy



Lowercase letters are more difficult



## Writing Name

- Social-emotional** - increasing self esteem
- Sensory motor** - writing letters independently
- Cognitive** - spelling skills
- Language** - reading and writing name

Adult Demonstrates



Child Imitates



# Language & Literacy

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## Alphabet Knowledge

Objects in a basket/box that begin with the same letter

## Phonological Awareness

Syllables - clapping out 2, 3, 4, syllable words

Rhyming words - books, matching magazine pictures

## Oral Language

Practice following directions and learn new vocabulary

Prepositions - top, bottom, middle, over, under

Activity - Wooden sticks, puppets bring lessons to life

# Numbers & Math

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## Counting

Rote counting

One to one correspondence - setting table for snack

Count classroom objects inside, counting leaves outside, counting body parts two eyes, one nose, 5 fingers

## Shapes

Recognize and name shapes, stand on shapes, description of shapes by different attributes

## Patterns

Use two, three objects

Use vertical and horizontal patterns: ABAB, ABC ABC

## Measurement

Use non-standard measurement for objects, such as bean bags

